



NICOLE BATISTE

Dig deep, that's where the treasures are buried

**Speaker | Life Coach |
Energy Healer | Author**

Nicole Batiste is a retired military veteran and CEO of Antara Flow. She is a podcast host, best selling author and speaker currently pursuing a master's in consciousness and human potential. With certifications as a brain health trainer, functional medicine and integrative nutrition health coach, life coach, energy alignment specialist, and HeartMath practitioner, Nicole brings a wealth of expertise to her audiences. She has a gift for creating a safe space for discussing tough subjects, empowering her audience to embrace all aspects of themselves and living their full potential. Her speaking topics include:

Brain Health: The Essential Key to Lifelong Vitality

Discover how maintaining brain health ensures you thrive, not just survive.

Inner Relationship: Building the Life You Truly Desire

Learn how nurturing your inner self lays the foundation for success and fulfillment.

Energy Healing: Rapidly Overcoming Trauma and Life's Challenges

Explore how energy healing can quickly help you transcend trauma, obstacles, and stagnation.

Meditation: The Power to Change the World One Person at a Time

Discover the art and gift of meditation for both personal well-being and the betterment of humanity.



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